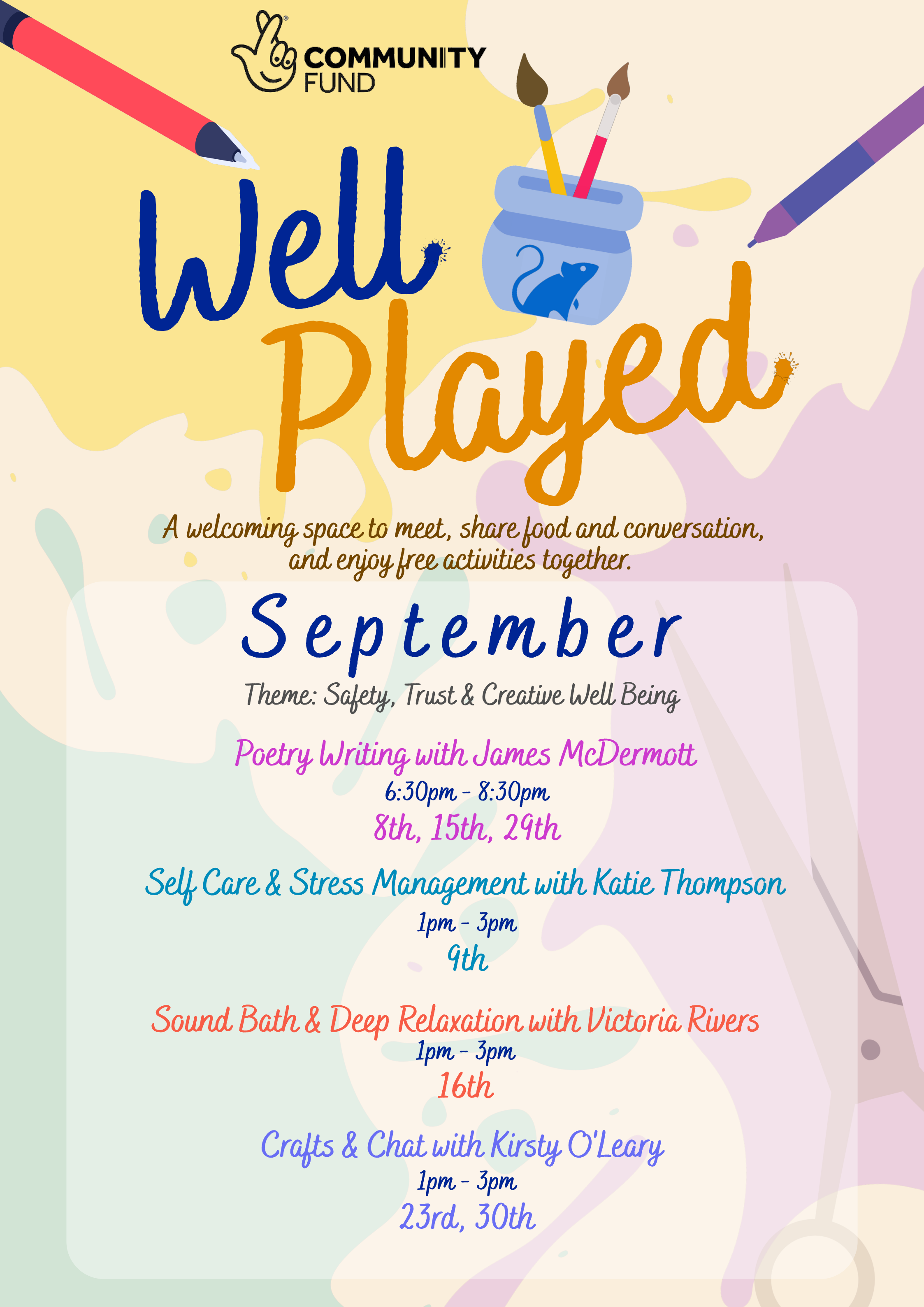




Well Played

*A welcoming space to meet, share food and conversation,
and enjoy free activities together.*

September

Theme: Safety, Trust & Creative Well Being

Poetry Writing with James McDermott

6:30pm - 8:30pm

8th, 15th, 29th

Self Care & Stress Management with Katie Thompson

1pm - 3pm

9th

Sound Bath & Deep Relaxation with Victoria Rivers

1pm - 3pm

16th

Crafts & Chat with Kirsty O'Leary

1pm - 3pm

23rd, 30th